## Find the correct size

You can easily find the size that fits you. There are various measurements to be made depending on the item of clothing you require. If your measurements do not correspond directly to one size, you should generally move towards the right on the table and pick a larger size.

## Help to measurements

- Take the measurements close to the body
- Get someone else to measure you
- The measuring tape should be wrapped tightly around the body, when measuring the waist size
- The trousers' leg length is important if your workwear has kneepad pockets and functions on the legs
- Decide which fit you want your workwear to have - MASCOT's workwear has different fits



## HEADGEAR

H. Head measure

When measuring for headwear, measure the circumference of the head

## TOPS

Shirts:
P. Collar size

When measuring for shirts, place the tape measure level, 1 cm above the collar bone

Tops (T-shirts, sweatshirts, jackets etc.) and boilersuits:
A. Chest

When measuring the chest, place the tape measure level around the widest part of the chest

TROUSERS, 3/4 LENGTH TROUSERS, SHORTS, BOILERSUITS
Trousers with classic high waist
(especially MASCOT ${ }^{\circledR}$ ORIGINALS, MASCOT ${ }^{\circledR}$ IMAGE):
K1. Normal waist size
The waist measurement is performed by wrapping the measuring tape tightly around the body

Trousers with low waist
(most trousers in this catalogue have a low waist):
K2. Low waist
The waist measurement is performed by wrapping the measuring tape tightly around the body

MASCOT's low waist trousers are also suitable to be worn by women.
Women should choose their size according to their hip measurements:
L. Hip size

The hip measurement is performed by wrapping the measuring tape tightly around the hips

Leg length for your trousers:
E. Inner seam

The length is measured on the inside of the leg from crotch to floor (barefoot)

## HEIGHT

T. Your full height

The height is measured barefoot

## How to find your size in the measuring chart

For example: You are looking for trousers with a low waist.
Your waist measurement (K2) is 92 cm .
Find your measurement under $K_{1} / K_{2}$ in the chart. If your size fall between two sizes, you should choose the larger size.
In this example you should choose 93 cm and therefore the size C52. Remember also to measure your leg length before you order.

T-shirts, sweatshirts, jackets and additional tops as well as boilersuits

|  | $\mathrm{C}_{42}$ | C43 | C44 | C45 | C46 | C47 | C48 | C49 | C50 | ${ }_{51}$ | C52 | C54 | ${ }_{5} 6$ | ${ }_{5} 8$ | C60 | C62 | C64 | C66 | C68 | $\mathrm{C}_{7}$ | $\mathrm{C}_{72}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | xs |  | s |  |  |  | M |  | L |  | xL | 2XL |  | 3XL |  | 4XL |  | 5XL |  |
| A - Chest (cm) | 84 | 86 | 88 | 90 | 92 | 94 | 96 | 98 | 100 | 102 | 104 | 108 | 112 | 116 | 120 | 124 | 128 | 132 | 136 | 140 | 144 |
| A - Chest (inch) | 33 |  | 34.5 |  | 36 |  | 38 |  | 39.5 |  | 41 | 42.5 | 44 | 45.5 | 47 | 49 | 50.5 | 52 | 53.5 | 55 | 56.5 |

## Shirts

|  | $\mathrm{C}_{42}$ | C43 | $\mathrm{C}_{44}$ | C45 | C46 | $C_{47}$ | C48 | C49 | $C_{50}$ | C51 | $C_{52}$ | $C_{54}$ | ${ }^{\text {c }} 6$ | ${ }^{5} 58$ | C60 | C62 | C64 | C66 | C68 | C70 | $\mathrm{C}_{72}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | xs |  | 5 |  |  |  | M |  | L |  | XL | 2XL |  | 3XL |  | 4XL |  | 5XL |  |
| P - Collar size (cm) |  |  |  |  | 37-38 |  |  |  | 39-40 |  | 41-42 |  | 43-44 | 45-46 |  | 47-48 | 49-50 |  | 51-52 |  |  |
| P - Collar size (inch) |  |  |  |  | 14 |  |  |  | 15.5 |  | 16.5 |  | 17.5 | 18 |  | 19 | 19.5 |  | 20 |  |  |

## Ladies size

|  | XS | S | M | L | XL | 2 XL | 3 XL | 4 XL |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| A - Chest (cm) | $73-79$ | $79-85$ | $85-92$ | $92-100$ | $100-108$ | $108-116$ | $116-124$ | $124-132$ |
| A - Chest (inch) | $29-31$ | $31-33 \cdot 5$ | $33 \cdot 5-36$ | $36-39.5$ | $39-5-42.5$ | $42.5-46$ | $46-49$ | $49-52$ |
| L - Hip (cm) | $85-91$ | $91-97$ | $97-104$ | $104-112$ | $112-120$ | $120-128$ | $128-136$ | $136-144$ |
| L - Hip (inch) | $33 \cdot 5-36$ | $36-38$ | $38-41$ | $41-44$ | $44-47$ | $47-50.5$ | $50.5-53 \cdot 5$ | $53.5-57$ |

## Headgear

|  | S |  | $M$ |  | $L$ |  | XL |  | 2 XL |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| H - Head measure (cm) | 54 | 55 | 56 | 57 | 58 | 59 | 60 | 61 | 62 | 63 |
| H - Head measure (inch) | 21 | 21.5 | 22 | 22.5 | 23 | 23.25 | 23.5 | 24 | 24.5 | 25 |

## Trousers/bib \& braces

|  | C42 | C43 | C44 | C45 | C46 | C47 | C48 | C49 | C50 | C51 | C52 | C54 | C56 | C58 | C6o | C62 | C64 | C66 | C68 | C70 | C72 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | xs |  | 5 |  |  |  | M |  | L |  | XL | 2XL |  | 3XL |  | 4XL |  | 5XL |  |
| K1/K2 Waist, Trousers/bib and brace (cm)* | 68 | 70.5 | 73 | 75.5 | 78 | 80.5 | 83 | 85.5 | 88 | 90.5 | 93 | 98 | 103 | 108 | 113 | 118 | 123 | 128 | 133 | 138 | 143 |
| K1/K2 Waist, Trousers/bib and brace (inch)* | 27 | 28 | 28.5 | 29.5 | 30.5 | 31.5 | 32.5 | 33.5 | 34.5 | 35.5 | 36.5 | 38.5 | 40.5 | 42.5 | 44.5 | 46.5 | 48.5 | 50.5 | 52.5 | 54.5 | 56.5 |
| L - Hip (cm) | 90 | 92 | 94 | 96 | 98 | 100 | 102 | 104 | 106 | 108 | 110 | 114 | 118 | 122 | 126 | 130 | 134 | 138 | 142 | 146 | 150 |
| L - Hip (inch) | 35.5 | 36 | 37 | 38 | 38.5 | 39.5 | 40 | 41 | 41.5 | 42.50 | 43 | 45 | 46.5 | 48 | 49.50 | 51 | 52.5 | 54 | 56 | 57.50 | 59 |

*Bib \& braces are not available in odd-sizes

## Jeans

| K1/K2 Waist, Trousers/bib and brace (inch) | W29 | W30 | W $_{31}$ | W $_{32}$ | W $_{33}$ | W34 | W36 | W38 | W40 |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| K1/K2 Waist, Trousers/bib and brace (cm) | 73 | 76 | 78.5 | 81 | 83.5 | 86 | 91 | 96 | 101 |


| E- Leg length (inch) | L30 | L32 | L34 | L36 |
| :--- | :---: | :---: | :---: | :---: |
| E- Leg length (cm) | 76 | 82 | 87 | 92 |

## Safety footwear

| EU size Ladies - width 8 | 0835 | 0836 | 0837 | 0838 | 0839 | 0840 | 0841 |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| EU size Men - width 10 |  |  |  |  | 1039 | 1040 | 1041 | 1042 | 1043 | 1044 | 1045 | 1046 | 1047 | 1048 |
| EU size Men - width 11 |  |  |  |  | 1139 | 1140 | 1141 | 1142 | 1143 | 1144 | 1145 | 1146 | 1147 | 1148 |
| UK size Ladies - width 8 | L 2.5 | L 3.5 | L 4 | L 5 | L 6 | L 6.5 | L 7 |  |  |  |  |  |  |  |
| UK size Men - width 10 |  |  |  |  | M 6 | M 6.5 | M 7 | M 8 | M 9 | M 10 | M 10.5 | M 11 | M 12 | M 13 |
| UK size Men - width 11 |  |  |  |  | M 6 | M 6.5 | M 7 | M 8 | M 9 | M 10 | M 10.5 | M 11 | M 12 | M 13 |
| US size Ladies - width 8 | L 4 | L 5 | L 5.5 | L6.5 | L 7 | L 7.5 | L 8 |  |  |  |  |  |  |  |
| US size Men - width 10 |  |  |  |  | M 7 | M 7.5 | M 8 | M 9 | M 10 | M 11 | M 11.5 | M 12 | M 13 | M14 |
| US size Men - width 11 |  |  |  |  | M 7 | M 7.5 | M 8 | M 9 | M 10 | M 11 | M 11.5 | M 12 | M 13 | M14 |

